

SYSTEM F.I.R.S.T.

A publication by and for the Associates of Ephraim McDowell Health

www.emhealth.org •

July 20, 2005

OUR MISSION

Ephraim McDowell Health is a system committed to creating a healing environment, built on a legacy of best people, practices and performance, as seen through the eyes of our patients, healthcare providers and communities.

OUR VALUES

F Friendliness
I Innovation
R Respect
S Service
T Trust

Mike's Musings

Within the next few weeks, children in the area will be returning to school for another year of learning. Many will be excited, while others will be anxious. For those of us who have children in school, the beginning of another school year means a return to what we might consider a normal routine.

For those of us who have enjoyed a summer vacation, we are likely refreshed from the break we took from our job. As we get back into the routine of our daily lives, let's remember the importance of the work we do and the services we provide. Our jobs are more than a job... we have a mission to create a healing environment built on a legacy of best people, practices and performance.

*Mike Jackson
President, Fort Logan Hospital*

Back to School Bash at EMRMC Monday, August 1

7 a.m. to 8:30 a.m. or 3 p.m. to 4 p.m.

All EMRMC Associates who are currently enrolled in college or vocational school are invited to attend the Back to School Bash, which will be in the Barton and Breckenridge Rooms.

Refreshments will be served and gifts will be given to all students, who can also enter a drawing for a chance to win a door prize. Associates currently enrolled in school who cannot attend may contact Human Resources to receive their gift and register for the door prize.



Just For You Clothing Sale

July 27 and 28 at EMRMC

7 a.m. to 4 p.m. each day

Ben Franklin Room

Sponsored by the EMRMC Auxiliary

EMRMC's Made Fresh Menu revised

The EMRMC Cafeteria has updated its Made Fresh Menu to be more user-friendly. The featured items on the menu will be made fresh to order Monday through Friday from 2 p.m. to 4 p.m. and 5 p.m. to 6:30 p.m. The menu now includes an estimate of preparation times for the items on the menu as well as a phone number to call ahead your order and limit your wait time. Copies of the menu have been sent to each department.



Are you ready to quit smoking?

If you're interested in achieving a healthy lifestyle by not smoking, you may benefit from a smoking cessation program that starts August 4 at the Boyle County Health Department. The program is co-sponsored by the Central Kentucky Cancer Program (CKCP), in partnership with the Ephraim McDowell Health Care Foundation. Classes will meet weekly for 13 weeks at 10 a.m. or 6 p.m.

24-hour Jewelry Sale at Fort Logan

The Fort Logan Hospital Auxiliary will sponsor a 24-hour \$5.00 Jewelry Sale beginning at 5 p.m. August 2 and continuing through 5 p.m. August 3.

Mission and Values

By Tim Noel, Chief Mission Officer

Emerson once wrote, "There is a time in every man's education when he arrives at the conviction that envy is ignorance; that imitation is suicide; that he must take himself for better, for worse, as his portion." Why is envy ignorance? Because we cannot know all of what other people have on their plate. We see their gifts, their personality and their possessions and envy them; but what is hidden from us often is enough that we would pause before trading places with them. Better by far to accept who we are and what we have, and then make a good life out of what has been given to us.

Foundation Facts

"Luminosity on Broadway" is the theme for this year's black-tie fund-raiser scheduled for Saturday, August 13. Luminosity is the annual dinner dance and auction of our Central Kentucky Cancer Program (CKCP) and is the CKCP's major fund-raiser. Working within the Ephraim McDowell Health Care Foundation, the CKCP provides services and support for cancer patients and families who reside within the EMH service area. If you are interested in attending this year's Luminosity, or would like to donate an auction item, please contact the Foundation office at extension 2361.

Graduation at A Children's Place

A Children's Place will hold a graduation ceremony for its Pre-K and Pre-First Grade students on Thursday, August 4, at 7 p.m.



Open House at new Pharmacy

Wellness FIRST Pharmacy, located inside McDowell Wellness Center, will have an open house on August 1 from 8:30 a.m. to 11:30 a.m. Free screenings for cholesterol, blood pressure and lung volume will be offered.

 * **Blood Drive nets 27 donors** *
 * THANKS to the 27 volunteer donors who gave *
 * blood at the July 1 Blood Drive at EMRMC. *
 * Your donation helped to save a life. *

Speak Up in place at EMRMC


EMRMC has implemented a Speak Up program to encourage patients to be more involved in their care. All patients receive a Speak Up brochure when admitted to the Medical Center and also receive an information sheet when registering for an outpatient procedure. The Speak Up program is sponsored by JCAHO.

Welcome New Associates

<u>NAME</u>	<u>DEPARTMENT</u>
Emily Bates	Env. Services, EMRMC
Stephen Cole	Food Services, EMRMC
Zachery McNutt	Diagnostic Imaging, EMRMC
Abby Robbins	Diagnostic Imaging, EMRMC
Denver Miller	Respiratory Services, EMRMC
Jennifer Lowe	A Children's Place
Sarah Williamson	A Children's Place
Karin Swann	Wellness FIRST Pharmacy
Josh Hensley	Registration, EMRMC

Staff Accolades

Congratulations to:

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Tommy Kim, physical therapist at McDowell Wellness Center, who recently earned his transitional doctorate degree in physical therapy from Elon University in North Carolina. Kim graduated from Elon University in May 2004 with a master's degree in physical therapy and recently completed the curriculum to earn his degree. The additional training provided instruction in manual therapy techniques as well as pharmacology, diagnostic imaging and evidence-based practice.
- Tara Davis**, R.N., B.S.N., C.C.R.N. has completed a national certification as a critical care nurse. She took a national test administered by the American Association of Critical Care Nurses. She works in the Intensive Care Unit at EMRMC.

Biomedical Engineering Services update

Bluegrass Biomedical is now responsible for all biomedical repair functions and needs for EMRMC and Health Resource. If biomedical equipment services are needed, please call extension 1668 or email Biomedical Engineering. For emergency needs, please call the hospital operator and have Biomedical Engineering paged for your number.

Associate Engagement Survey

To help measure the progress of improvement plans resulting from this spring's Associate Engagement Survey, an "ongoing pulse" survey will be conducted by the Work Institute. Beginning in September, about 25 percent of Associates will be contacted on a quarterly basis to measure the progress made on the items marked for improvement.

